

ATTENTION ALL GIRLS!! FREE MARCH BREAK HOCKEY SKILLS CAMP



Saugeen Maitland Girls Hockey Association presents a FREE Hockey Skills Camp for girls of all abilities and from all teams in birth years 1999 to 2003. Come out and learn from **Brad Tiley of OT Conditioning** and have a lot of fun!!!

March 13th, 2013 at the Howick Arena

To register or for more info
Contact Mark Beaven
beaven@hurontel.on.ca
H: 519-529-3586
C: 519-955-7725
www.saugeenmaitlandlightning.com

Schedule:

8:30 am— 9:00 Registration
9:00—10:00 Off ice conditioning
10:00—11:30 On Ice Instruction
11:30—1:00 Lunch and fun time
1:00—2:30 On Ice Instruction
2:30—3:30 Off ice instruction
3:30—4:00 pm Pick up

Lunch will be provided at a small cost

